



Ollscoil
Teicneolaíochta
an Atlántaigh

Atlantic
Technological
University

**N→TU
TORR**
Transforming
Learning

N-TUTORR Week

[ATU.ie/NTUTORRweek](https://www.atu.ie/NTUTORRweek)



26 Feb - 1 Mar

50 EVENTS

and activities taking place
across all ATU campuses
during the week.



Click the tabs below to view your daily schedule

Mon 26 Feb

Tue 27 Feb

Wed 28 Feb

Thur 29 Feb

Fri 1 Mar

scroll down

8am - 10am

FREE Breakfast Club

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Students
Onsite

FREE breakfast will be available to all students at ATU Galway City - Dublin Road to give students an opportunity to have something to eat on campus before their day starts and to socialise with friends/other students. ATU is seeing a significant rise in food poverty across campuses and concerned about the level of social loneliness experienced by students. This event will be one small step towards supporting these needs.

Location : ATU Galway City
Room : Student Kitchenette, Union Square
Facilitator : ATU Access & Widening Participation, Chaplaincy, Students Union & Canteen

8am - 8pm

Eco Action Higher Lower Online Tournament: Test your eco action knowledge!

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Students & Staff
Online

This online 5-day gaming tournament will educate students and staff on sustainability through scenario-based questions that encourage greater eco-action. A different sustainability theme will be presented each day that will assess the participant's knowledge on sustainability issues relevant to both their work and personal lives, including carbon emissions, energy and water savings, and the environmental impact of food choices with a visible leaderboard. Each game takes approx. 5-10 minutes to complete. Prizes will be awarded to those who place at the top of the daily leaderboards!

Location : Online
Facilitator : Dhanushi Rodrigo, Christoph Brink & Jessica Duffy, ATU N-TUTORR Project Team

[Book Here](#)

10am - 2pm

Embodiment in Design Workshop

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Students & Staff
Onsite

Embodiment is increasingly surfacing in educational practice and research. This experiential workshop explores bodily knowing in relation to design education. Participants are invited to consider how to be in the body, consciously learn from the body, and apply the body as part of the creative learning process. The workshop will take the form of sensory movement, experiments and design methods (body mapping). Lunch is included. Limited places available.

Location : Galway Dance Studio, Terryland House, Galway
Room : Studio
Facilitator : Emma Hogan, ATU Dept of Creative Arts & Media

Email Emma.Hogan@atu.ie to book a place

12pm - 1pm

Link up with LinkedIn Learning

[↑ return](#)



Staff
Onsite

ATU's Staff Development Team will be on different campuses each day to promote LinkedIn Learning amongst Staff and Students. Promotional materials and **PRIZES** for competitions will be available for all to take part in.

Location : ATU Galway City
Facilitator : Stephen Aitken, ATU N-TUTORR Project Team & ATU Staff Development

1pm - 2pm

Integrating the SDG Student Digital Badge within a Year 1 Module - A Case Study

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Staff
Onsite

ATU staff are invited to attend a workshop focusing on examining interventions including incorporating the SDG Digital Badge aimed at introducing 1st year third level students to the area of sustainable development. A case study was carried out in December 2023 and the experience, conclusions and recommendations will be shared and discussed.

Location : ATU Galway City
Room : Room 1039
Facilitator : Anne Wiseman & Natasha Rohan, ATU N-TUTORR Academic Champions

[Book Here](#)

1pm - 2pm

Sing Your Heart Out

[↑ return](#)



Students & Staff
Onsite

Students and staff are invited to call over at lunchtime to meet with a Choir Director to learn a song and perform it immediately after the practice! Registered participants will automatically be entered into a **PRIZE DRAW!**

Location : ATU Connemara
Room : Willow Room
Facilitator : Anita Mahony, ATU Student Services & Healthy Campus

[Book Here](#)

2pm - 3pm

Let's Talk about Assessment

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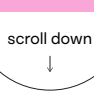


Staff
Online

The 'Let's Talk About Assessment' workshop was developed by the Re-imagining Assessment and N-TUTORR Transforming Learning project teams and is based around the application of the A-Z assessment types cards. The activities involved in this workshop will provide an opportunity for each participant to look into various assessment methods and how they could use them for the disciplines they teach. There is also element of group discussions to promote sharing of ideas. The purpose of the workshop is to build a community of practice amongst academic staff i ATU surrounding assessment methods.

Location : Online
Facilitator : Emma McDonald & Dr Kevin Cunningham, ATU Teaching & Learning Centre

[Book Here](#)



8am - 10am

FREE Breakfast Club

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Students

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Room : Student Kitchenette, Union Square
Facilitator : ATU Access & Widening Participation, Chaplaincy, Students Union & Canteen

8am - 8pm

Eco Action Higher Lower Online Tournament: Test your eco action knowledge!

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Students & Staff

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Location : Online
Facilitator : Dhanushi Rodrigo, Christoph Brink & Jessica Duffy, ATU N-TUTORR Project Team

[Book Here](#)

9:30am - 11:30am

Academic Integrity Matters

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Students & Staff

Onsite

This workshop on academic integrity will include final year students and staff outlining their experiences from completing the N-TUTORR Academic Integrity digital badge and class activities during Academic Integrity Week which took place in October 2023.

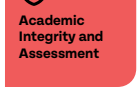
Location : ATU Donegal Letterkenny
Room : Room 1123
Facilitator : Eleanor Diver, ATU N-TUTORR Academic Champion

[Book Here](#)

9:30am - 5:30pm

From Idea to Impact - Team Based Research Solutions in Nursing

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Students & Staff

Onsite

This festival is designed for students and staff in departments of nursing across the 3 campuses. It will be an opportunity to celebrate ATUs strong research history and success and provide opportunities to foster new collaboration between the nursing campuses and showcase research in a refreshing and approachable way. The festival will centre around 'Researchathon', where teams of undergraduate and postgraduate students compete to develop novel ideas to tackle pressing and contemporary trends and issues in nursing. The festival will also include an external guest speaker and poster presentations.

Location : ATU Donegal Letterkenny
Room : Reception
Facilitator : Gail Cummins & Helen McMonagle, ATU Dept of Early Education & Social Studies; Mark McGrath & Louise McBride, ATU Dept of Nursing & Health Care

[Book Here](#)

10am - 11:30am

Digital Content Creation for Nutritionists

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Students & Staff

Online

This webinar will include award-winning social media trainer and strategist, Louise McDonnell, who will share insights and advice on how to create content for social media and the role of AI for social media enhancement. The ability to create digital content has become an essential skill for work in the nutrition field and providing this training to staff and students will enhance their employability and upskill educators to continue passing on their knowledge to future students. Registered participants will automatically be entered into a **PRIZE DRAW!**

Location : Online
Facilitator : Sarah O'Donovan, ATU Dept of Sport, Exercise & Nutrition

[Book Here](#)

10am - 12pm

Unconscious Bias Training

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Staff

Online

This training session will be delivered by the Irish Centre for Diversity and will support participants to understand that we all have unconscious bias, and that it affects our thinking and decisions in relation to others who we will see in either a positive or negative way.

Learning Objectives

1. What is unconscious bias?
2. What biases do you have?
3. Are you making the right choices? What is the impact of unconscious bias in your decision-making?
4. Tips for managing unconscious bias so that you can make better decisions and improve the diversity credentials of your workplace - unconscious bias needs to be addressed so that we are making the right choices in relation to hiring, promoting and performance management.

Location : Online
Facilitator : ATU Staff Development

[Book Here](#)

10am - 2pm

Embodiment in Design Workshop

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Students & Staff

Onsite

Embodiment is increasingly surfacing in educational practice and research. This experiential workshop explores bodily knowing in relation to design education. Participants are invited to consider how to be in the body, consciously learn from the body, and apply the body as part of the creative learning process. The workshop will take the form of sensory movement, experiments and design methods (body mapping). Lunch is included. Limited places available.

Location : Galway Dance Studio, Terryland House, Galway
Room : Studio
Facilitator : Emma Hogan, ATU Dept of Creative Arts & Media

Email Emma.Hogan@atu.ie to book a place

10am - 5pm

Database & eResources Online Showcase

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Students & Staff

Hybrid

The library is running an online showcase with leading database providers to raise the profile of our IReL eResources funded by N-TUTORR. The aim of the showcase is to promote the use of library databases and eResources to maximise their impact and to ensure that ATU staff, students and researchers are aware of the valuable digital resources available to them. Expert representatives from our database providers will deliver a live demonstration on how to navigate and use the unique features of individual resources, highlighting the benefits and topics such as advanced search techniques, citation management, and utilizing specific features. If you cannot attend any of the 7 sessions but would like to receive a recording, please book a place.

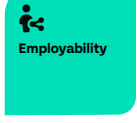
Location : ATU Galway City & Online
Room : Library Training Room
Facilitator : ATU Library

[Book Here](#)

11am - 2pm

STEM Careers Fair

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Students

Onsite

The STEM Careers Fair will be aimed primarily at students in the Schools of Science, Engineering and Computer Science. Students will have the opportunity to engage with leading employers on a one to one basis to discuss work placements, internships, and graduate opportunities, and to explore career options. Employers will be from a range of sectors such as Pharmaceutical, Manufacturing, Medtech, and Technology. Register at the welcome table and automatically be entered into a **PRIZE DRAW!**

Location : ATU Galway City
Room : Cafe Foyer
Facilitator : Fiona O'Donnell, ATU Careers Office & N-TUTORR Fellow

12pm - 1pm

Link up with LinkedIn Learning

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Staff

Onsite

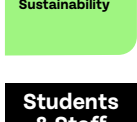
ATU's Staff Development Team will be on different campuses each day to promote LinkedIn Learning amongst Staff and Students. Promotional materials and **PRIZES** for competitions will be available for all to take part in.

Location : ATU Sligo
Facilitator : Stephen Aitken, ATU N-TUTORR Project Team & ATU Staff Development

1pm - 2pm

FREE Head & Shoulder Massage

[↑ return](#)



Students & Staff

Onsite

This is being offered in conjunction with Sligo College for Further Education.

Location : ATU Sligo
Room : Business Café
Facilitator : Yvonne Kennedy, ATU Healthy Campus

1pm - 2pm

Sing Your Heart Out Mini Concert

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Students & Staff

Onsite

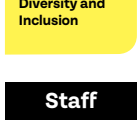
Students and staff are invited to attend a lunchtime choir concert featuring the ATU Voices staff choir.

Location : ATU Galway City
Room : Canteen
Facilitator : Anita Mahony, ATU Student Services & Healthy Campus

2pm - 4pm

Diversity & Inclusion Masterclass

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Staff

Online

This training course has been designed to provide an overview of Diversity and Inclusion so staff will be able to identify how this relates to their role and to the workplace.

Learning Objectives

1. What is the definition of Diversity and Inclusion and why does it matter?
2. Who does the legislation cover?
3. Tips for recognising and preventing bullying and harassment
4. Steps to developing a diverse and inclusive workplace

Location : Online
Facilitator : ATU Staff Development

[Book Here](#)

scroll down

8am - 10am

FREE Breakfast Club

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FREE breakfast will be available to all students at ATU Galway City - Dublin Road to give students an opportunity to have something to eat on campus before their day starts and to socialise with friends/other students. ATU is seeing a significant rise in food poverty across campuses and concerned about the level of social loneliness experienced by students. This event will be one small step towards supporting these needs.

Students
Onsite

Location : ATU Galway City
Room : Student Kitchenette, Union Square
Facilitator : ATU Access & Widening Participation, Chaplaincy, Students Union & Canteen

8am - 8pm

Eco Action Higher Lower Online Tournament: Test your eco action knowledge!

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This online 5-day gaming tournament will educate students and staff on sustainability through scenario-based questions that encourage greater eco-action. A different sustainability theme will be presented each day that will assess the participant's knowledge on sustainability issues relevant to both their work and personal lives, including carbon emissions, energy and water savings, and the environmental impact of food choices with a visible leaderboard. Each game takes approx. 5-10 minutes to complete. **Prizes** will be awarded to those who place at the top of the daily leaderboards!

Students & Staff
Online

Location : Online
Facilitator : Dhanushi Rodrigo, Christoph Brink & Jessica Duffy, ATU N-TUTORR Project Team

[Book Here](#)

10am - 3pm

JAM Card Information Stand

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JAM Cards allow people with a hidden disability or communication barrier to tell others that they need extra time and understanding in a private and easy way. The Students' Union will be on-campus during N-TUTORR Week for students and staff who would like to learn more about or avail of a JAM card. Students and staff are also invited to attend an online information session on Friday, March 1st to learn more about this initiative and how JAM Cards can be used.



Location : ATU Galway City
Room : Union Square
Facilitator : Sarah Mohan, ATU Students Union



Students & Staff
Onsite

10:30am - 12pm

Mentoring for Access, Retention & Student Success: A review of practice

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Launch of exciting new research: Mentoring for Access, Retention and Student Success with guest speakers from MENTOR national driver of youth mentoring in US for 30 years. The research is the outcome of a collaboration between ATU and University of Galway.

Students & Staff
Hybrid

Location : The Connacht Hotel, Galway & Online
Room : Ryan Room
Facilitator : Dr Celia Kennaghan & Dr Seamus Morrissey, ATU WNW Connect Project Team

[Book Here](#)

11am - 12pm

Link up with LinkedIn Learning

[↑ return](#)



ATU's Staff Development Team will be on different campuses each day to promote LinkedIn Learning amongst Staff and Students. Promotional materials and **PRIZES** for competitions will be available for all to take part in.

Staff
Onsite

Location : ATU Donegal Letterkenny
Facilitator : Stephen Aitken, N-TUTORR Project Team & ATU Staff Development

11am - 2pm

STEM Careers Fair: Be Career Curious Takeover

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The STEM Careers Fair will be aimed primarily at students in the Schools of Science, Engineering and Computer Science. Students will have the opportunity to engage with leading employers on a one to one basis to discuss work placements, internships, and graduate opportunities, and to explore career options. Employers will be from a range of sectors such as Pharmaceutical, Manufacturing, Medtech, and Technology. Register at the welcome table and automatically be entered into a **PRIZE DRAW!**

Students
Onsite

Location : ATU Sligo
Room : Main Concourse
Facilitator : Deborah Seddon & Adette Ring, ATU Careers Office

11am - 4pm

N-TUTORR on Track

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Dr Tom Farrelly, Senior Lecturer and Academic Developer at MTU, and N-TUTORR Student Champions travelling by train and sustainable travel to the five cities and the Technological Universities in those cities during N-TUTORR Week. The Student Champions will document and record their journey using digital storytelling techniques to share on social media. Tom and Student Champions from TU Dublin will be visiting ATU Galway on Wednesday, Feb 28th and participating in N-TUTORR Week events in ATU on this day. ATU N-TUTORR Student Champions will accompany Tom on his next leg of the journey to TUS in Limerick on Thursday, Feb 29th.

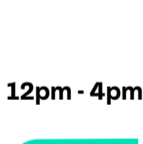
Students & Staff
Onsite

Location : ATU Galway City
Facilitator : Dr Tom Farrelly, MTU N-TUTORR Project Team; Ali Usama & Mateja Svonja, ATU N-TUTORR Student Champions; TU Dublin N-TUTORR Student Champions

12pm - 4pm

Social Care Fair

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This Social Care Fair will include an educational component with Social Care Ireland, as well as, job listings, networking opportunities, and information sessions. Job seekers can connect with potential employers, explore career paths, and access resources for skill development. Employers can showcase their organisations, recruit qualified candidates, and collaborate with ATU Donegal for workforce development. This fair promotes inclusivity, diversity, and professional growth in the social care industry, ultimately enhancing employment prospects for individuals while addressing the growing demand for social care services.

Students & Staff
Onsite

Location : ATU Donegal Letterkenny
Room : Corridor beside Blasta + Rooms 1401 & 1402
Facilitator : Denise O'Boyle, ATU Dept of Early Education & Social Studies

[Book Here](#)

1pm - 2pm

LGBTQ+ Ally Training

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This online training session will focus on the topic of Allyship to the Transgender community.

Students & Staff
Online

Location : Online
Facilitator : Anita Mahony, ATU Student Services & Healthy Campus; Transgender Equality Network Ireland (TENI)

[Book Here](#)

1pm - 2pm

Sing Your Heart Out

[↑ return](#)



Students and staff are invited to call over at lunchtime to meet with a Choir Director to learn a song and perform it immediately after the practice! Registered participants will automatically be entered into a **PRIZE DRAW!**

Students & Staff
Onsite

Location : ATU Galway City - Wellpark Road
Room : Chapel
Facilitator : Anita Mahony, ATU Student Services & Healthy Campus

[Book Here](#)

2pm - 3pm

Integrating the SDG Student Digital Badge within a Year 1 Module - A Case Study

[↑ return](#)



ATU staff are invited to attend a workshop focusing on examining interventions including incorporating the SDG Digital Badge aimed at introducing 1st year third level students to the area of sustainable development. A case study was carried out in December 2023 and the experience, conclusions and recommendations will be shared and discussed.

Staff
Onsite

Location : ATU Mayo
Room : Michael Davitt Room/R104
Facilitator : Anne Wiseman & Natasha Rohan, ATU N-TUTORR Academic Champions

[Book Here](#)

3pm - 4pm

Towards a Zero Waste Kitchen

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Students and staff are invited to attend this onsite event to learn about the outcomes of an ATU Culinary Arts class project focusing on how to reduce food waste. The main project goal was to reduce kitchen waste by more than 50% over a 6-week period!

Students & Staff
Onsite

Location : ATU Galway City
Room : Demo Theatre/Room 552
Facilitator : Caitlyn Valerie & Cormac Handy, ATU N-TUTORR Project Team

[Book Here](#)

scroll down

8am - 10am

FREE Breakfast Club

[↑ return](#)



Students

Onsite

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Location : ATU Galway City
Room : Student Kitchenette, Union Square
Facilitator : ATU Access & Widening Participation, Chaplaincy, Students Union & Canteen

8am - 8pm

Eco Action Higher Lower Online Tournament: Test your eco action knowledge!

[↑ return](#)



Students & Staff

Online

This online 5-day gaming tournament will educate students and staff on sustainability through scenario-based questions that encourage greater eco-action. A different sustainability theme will be presented each day that will assess the participant's knowledge on sustainability issues relevant to both their work and personal lives, including carbon emissions, energy and water savings, and the environmental impact of food choices with a visible leaderboard. Each game takes approx. 5-10 minutes to complete. **Prizes** will be awarded to those who place at the top of the daily leaderboards!

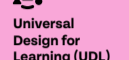
Location : Online
Facilitator : Dhanushi Rodrigo, Christoph Brink & Jessica Duffy, ATU N-TUTORR Project Team

[Book Here](#)

9:30am - 2:30pm

Creative Collaborations in Healthcare: Uniting Minds for Breakthrough Solutions

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Students

Onsite

This innovative health promotion event comprises of undergraduate nursing students, under the guidance of the academic team, to deliver health and wellbeing checks to farmers at local agricultural marts in Co. Donegal. The event will aim to transform the students' teaching and learning experience by providing them with authentic, real life action learning opportunities, where they will refine their specialised nursing skills. It will also have a health promoting impact on farmers; a cohort that has been identified as having increased risk factors for heart disease (Irish Heart Foundation 2023). Student nurses will provide on-the-spot assessments consisting of Blood Pressure, BMI and pulse and provide individual lifestyle advice on a range of health issues.

Location : Local Agricultural Marts, Letterkenny, Co Donegal
Facilitator : Gail Cummins & Helen McMonagle, ATU Dept of Early Education & Social Studies; Mark McGrath & Louise McBride, ATU Dept of Nursing & Health Care

10am - 11:30pm

An Introduction to the Inner Development Goals (IDGs)

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Staff

Online

This workshop aims to introduce ATU staff to the Inner Development Goals (IDGs) initiative (<https://www.innerdevelopmentgoals.org/>), which supports the development of skills and capacities by educating and inspiring people to live purposeful, sustainable, and productive lives and be a positive force for change. The workshop will present the IDGs framework and the 23 inner capacities/qualities that are critical to accelerating work towards the UN SDGs on an individual level. The workshop will focus on the role of IDGs in education and will be delivered by Chris Chapman, IDGs facilitator, Burren College of Art. Registered participants will automatically be entered into a **PRIZE DRAW!**

Location : Online
Facilitator : Dr Gabriela Gliga, ATU N-TUTORR Fellow & Chris Chapman, ReSource @ Burren College of Art

[Book Here](#)

10am - 12pm

Lego Serious Play Workshop

[↑ return](#)



Students & Staff

Onsite

A LEGO® Serious Play® workshop is a dynamic and interactive session designed to foster communication, creative thinking and collaboration within small groups. Based on research which shows that this kind of hands-on, minds-on engagement produces a deeper, more meaningful understanding of the world and its possibilities; the workshop invites participants to build 3D LEGO models in response to facilitators' questions. These 3D models serve as a basis for group discussion, knowledge sharing, problem solving and decision making. This innovative approach not only enhances problem-solving and creativity, but also breaks down traditional barriers to discussion and information sharing, encouraging a more integrative and participatory environment.

Location : ATU Galway City
Room : Library Training Room
Facilitator : Lucia Cloonan, Noreen Henry & Dr Ellen McCabe, ATU N-TUTORR Project Team

[Book Here](#)

11am - 12pm

Link up with LinkedIn Learning

[↑ return](#)



Staff

Onsite

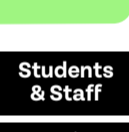
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Location : ATU Mayo
Facilitator : Stephen Aitken, N-TUTORR Project Team & ATU Staff Development

12pm - 1pm

FREE Head & Shoulder Massage

[↑ return](#)



Students & Staff

Onsite

This is being offered in conjunction with Sligo College for Further Education.

Location : ATU Sligo
Room : Business Café
Facilitator : Yvonne Kennedy, ATU Healthy Campus

12pm - 1:30pm

An Introduction to the Inner Development Goals (IDGs)

[↑ return](#)



Students

Online

This workshop aims to introduce ATU students to the Inner Development Goals (IDGs) initiative (<https://www.innerdevelopmentgoals.org/>), which supports the development of skills and capacities by educating and inspiring people to live purposeful, sustainable, and productive lives and be a positive force for change. The workshop will present the IDGs framework and the 23 inner capacities/qualities that are critical to accelerating work towards the UN SDGs on an individual level. The workshop will focus on the role of IDGs in education and will be delivered by Chris Chapman, IDGs facilitator, Burren College of Art. Registered participants will automatically be entered into a **PRIZE DRAW!**

Location : Online
Facilitator : Dr Gabriela Gliga, ATU N-TUTORR Project Team & Chris Chapman, ReSource @ Burren College of Art

[Book Here](#)

1pm - 2pm

How Did You Sleep?

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Students & Staff

Onsite

Learn how to get a good nights sleep with Bláithín Sweeney "Your Wellbeing Warrior". A recording will be made available after the event.

Location : ATU Sligo
Room : B1080
Facilitator : Yvonne Kennedy, ATU Healthy Campus

1pm - 2pm

The Impact of Unconscious Bias Online Workshop

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Students & Staff

Online

Unconscious biases impact all of us and form part of how we think. Most people are not fully aware of how bias may affect how they perceive and think about other people. Bias will affect perception, attitudes and behaviour towards others and some of this behaviour can be quite subtle. The aim of this online workshop will be to allow students and staff to understand how their brain works in terms of how they make decisions and think about other people. They will understand how bias occurs in all of us and recognise the impact of any associated behaviours. The workshop will explore what inclusivity looks like and how to mitigate some of the behaviours and blockers to being inclusive, and to manage the impact of unconscious biases.

Location : Online
Facilitator : Catherine Kennedy, ATU Faculty of Engineering & Design & Dr Clare Mulligan-Foster, Chartered Coaching Psychologists

[Book Here](#)

1pm - 2pm

Sing Your Heart Out

[↑ return](#)



Students & Staff

Onsite

Students and staff are invited to call over at lunchtime to meet with a Choir Director to learn a song and perform it immediately after the practice! Registered participants will automatically be entered into a **PRIZE DRAW!**

Location : ATU Galway City
Room : Room 1036
Facilitator : Anita Mahony, ATU Student Services & Healthy Campus

[Book Here](#)

1:30pm - 4:30pm

IWA Disability Awareness Training

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Staff

Online

This workshop provides attendees with: A detailed account of the relevant anti-discrimination and equal opportunities legislation. Detailed information on disabilities and abilities, focusing on mobility and sensory (blindness, deafness etc.) and Neurodiversity. Perceptual awareness exercises that aim to dispel common myths. Disability etiquette, to clarify appropriate language and behaviour. Information on dealing with mental health issues in the workplace. Inclusion and equality. By delivering an interactive, interesting and enjoyable training session, attendees are encouraged to participate in a range of activities and discussions (regarding physical, sensory and intellectual disability) which makes for an enlightening and memorable programme.

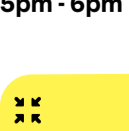
Location : Online
Facilitator : ATU Staff Development

[Book Here](#)

5pm - 6pm

The Impact of Unconscious Bias Online Workshop

[↑ return](#)



Students & Staff

Online

Unconscious biases impact all of us and form part of how we think. Most people are not fully aware of how bias may affect how they perceive and think about other people. Bias will affect perception, attitudes and behaviour towards others and some of this behaviour can be quite subtle. The aim of this online workshop will be to allow students and staff to understand how their brain works in terms of how they make decisions and think about other people. They will understand how bias occurs in all of us and recognise the impact of any associated behaviours. The workshop will explore what inclusivity looks like and how to mitigate some of the behaviours and blockers to being inclusive, and to manage the impact of unconscious biases.

Location : Online
Room : N/A
Facilitator : Catherine Kennedy, ATU Faculty of Engineering & Design & Dr Clare Mulligan-Foster, Chartered Coaching Psychologists

[Book Here](#)

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8am - 10am

FREE Breakfast Club

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Equality, Diversity and Inclusion

Students

Onsite

FREE breakfast will be available to all students at ATU Galway City - Dublin Road to give students an opportunity to have something to eat on campus before their day starts and to socialise with friends/other students. ATU is seeing a significant rise in food poverty across campuses and concerned about the level of social loneliness experienced by students. This event will be one small step towards supporting these needs.

Location : ATU Galway City
Room : Student Kitchenette, Union Square
Facilitator : ATU Access & Widening Participation, Chaplaincy, Students Union & Canteen

8am - 8pm

Eco Action Higher Lower Online Tournament: Test your eco action knowledge!

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Education for Sustainability

Students & Staff

Online

This online 5-day gaming tournament will educate students and staff on sustainability through scenario-based questions that encourage greater eco-action. A different sustainability theme will be presented each day that will assess the participant's knowledge on sustainability issues relevant to both their work and personal lives, including carbon emissions, energy and water savings, and the environmental impact of food choices with a visible leaderboard. Each game takes approx. 5-10 minutes to complete. **Prizes** will be awarded to those who place at the top of the daily leaderboards!

Location : Online
Facilitator : Dhanushi Rodrigo, Christoph Brink & Jessica Duffy, ATU N-TUTORR Project Team

[Book Here](#)

1pm - 2pm

JAM Card Online Information Session

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Equality, Diversity and Inclusion

Education for Sustainability

Universal Design for Learning (UDL)

Students & Staff

Online

JAM Cards allow people with a hidden disability or communication barrier to tell others that they need extra time and understanding in a private and easy way. The Students' Union will be on-campus during N-TUTORR Week for students and staff who would like to learn more about or avail of a JAM card. Students and staff are also invited to attend an online information session on Friday, March 1st to learn more about this initiative and how JAM Cards can be used.

Location : Online
Facilitator : Sarah Mohan, ATU Students Union

[Book Here](#)

2pm - 4pm

Lego Serious Play Workshop

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Universal Design for Learning (UDL)

Students & Staff

Onsite

A LEGO® Serious Play® workshop is a dynamic and interactive session designed to foster communication, creative thinking and collaboration within small groups. Based on research which shows that this kind of hands-on, minds-on engagement produces a deeper, more meaningful understanding of the world and its possibilities; the workshop invites participants to build 3D LEGO models in response to facilitators' questions. These 3D models serve as a basis for group discussion, knowledge sharing, problem solving and decision making. This innovative approach not only enhances problem-solving and creativity, but also breaks down traditional barriers to discussion and information sharing, encouraging a more integrative and participatory environment.

Location : ATU Sligo
Room : Room D1002
Facilitator : Noreen Henry & Dr Ellen McCabe, ATU N-TUTORR Project Team

[Book Here](#)

2pm - 4pm

Unconscious Bias Training

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Equality, Diversity and Inclusion

Staff

Online

This training session will be delivered by the Irish Centre for Diversity and will support participants to understand that we all have unconscious bias, and that it affects our thinking and decisions in relation to others who we will see in either a positive or negative way.

Learning Objectives

1. What is unconscious bias?
2. What biases do you have?
3. Are you making the right choices? What is the impact of unconscious bias in your decision-making?
4. Tips for managing unconscious bias so that you can make better decisions and improve the diversity credentials of your workplace - unconscious bias needs to be addressed so that we are making the right choices in relation to hiring, promoting and performance management.

Location : Online
Facilitator : ATU Staff Development

[Book Here](#)