

Open

Day



ATU Mayo

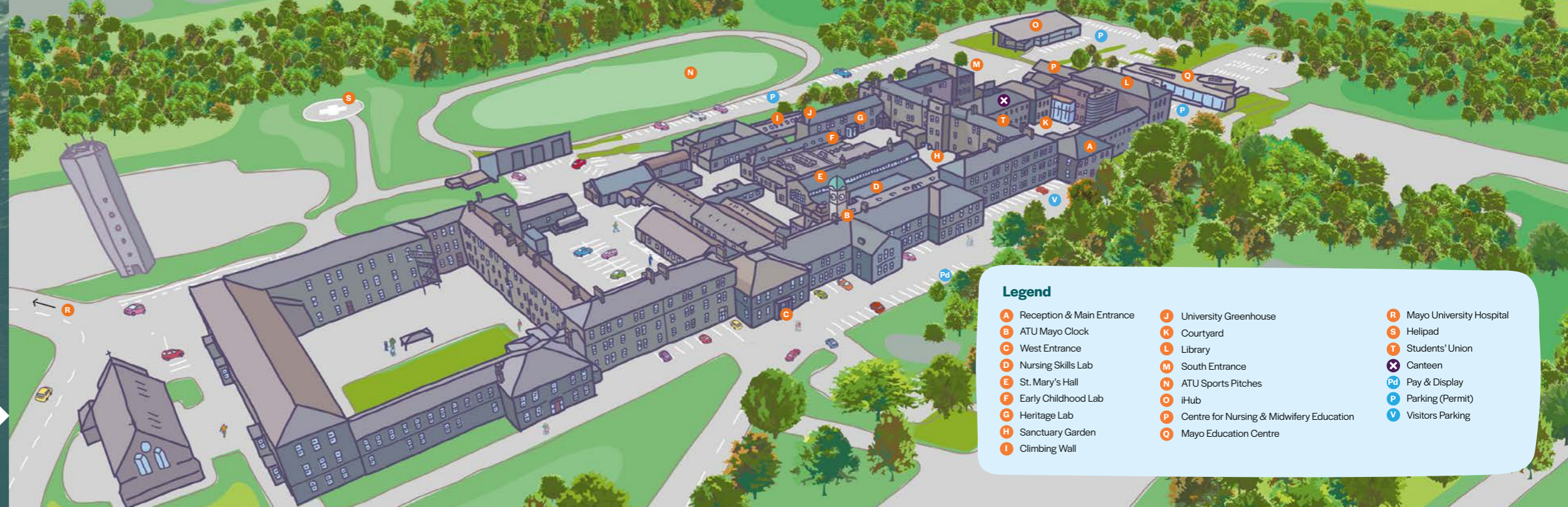
**Wednesday,
13th March**

10.00am - 1.00pm

www.atu.ie/openday

The ATU logo, featuring a stylized white 'A' with a dot inside, positioned above the letters 'TU'. Below the 'A' are several horizontal wavy lines representing water or a landscape.

Experience what ATU Mayo has to offer



Considering ATU Mayo?

Meet current students and lecturers while experiencing demos on a range of CAO programmes at ATU Mayo.

Don't miss:

- Demonstrations
- Programme talks
- Students' Union
- Grant & financial support info
- Learning and disability support info
- Campus tours
- ATU goodie bags
- Virtual Reality Experience

Additional workshop: Understanding Stress hosted by Mayo Recovery College

Time	Talks, Demonstrations, and Interactive Experiences	Location
10:00am - 10:30am	Welcome to ATU Mayo • Registration & Information • Meet the Head of School, Heads of Department and other staff • Sign up for activities and campus tours	West Entrance
10:15am - 11:00am 11:15am - 12:00pm 12:15pm - 1:00pm	Early Childhood Education & Care Experience our Early Years Studio and enjoy programme talks and taking part in workshops associated with early childhood learning.	B017 & B019
10:15am - 11:00am 11:15am - 12:00pm 12:15pm - 1:00pm	Applied Social Care Lecture Learn more about the relevant topics for working with youths, as well as the vital and practical skills that an accredited degree in Applied Social Care can offer.	B003
10:30am - 11:00am 11:00am - 11:30am 11:30am - 12:00pm 12:00pm - 12:30pm	Activity Discussion panel: Social Care students' TALK ROOM: 4 Hot Topics, relevant for working with youth.	Y007

Time	Talks, Demonstrations, and Interactive Experiences	Location
10:15am-10:30am 11:00am-11:15am 12:00pm-12:15pm	Psychology Lecture Why dive into the exciting world of psychology at ATU Mayo? Activity Mind Marvels: Unravel the wonders of Psychology in live experiments & learn fun facts about how the human mind works!	P005
10:30am-12:30pm		P005
10:15am - 11:00am 11:15am - 12:00pm 12:15pm - 1:00pm	General Nursing Lecture Explore fundamental nursing principles in our dynamic programme talk for aspiring healthcare professionals. Activity Participate in the care of a baby in a neonatal cot, experience caring for an acutely ill patient using virtual reality. Cardiopulmonary resuscitation / CPR, hand hygiene, vital signs assessment.	P002
10:00am - 1:00pm		P102
		Y011
10:15am - 11:30am	Mental Health Nursing Lecture Minding your mental health	P205
11:30am - 12:45pm	Activity Mindfulness / relaxation session	P205
11:30am - 12:45pm	Lecture The experience of the mental health nurse	P201
11:30am - 12:45pm	Activity Mindful eating station	P201

Time	Talks, Demonstrations, and Interactive Experiences	Location
10:30am	History & Geography Lecture Embark on a journey through landscapes and cultures and learn the planet's movement, changes, and systems.	Y002
11:30am	Develop an understanding of the world and how past societies, systems, ideologies, governments, cultures, and technologies were built, operated, and changed. Activity Genealogy: Research your own personal family history.	Y002 Ground Foyer outside St. Mary's Hall
10:15am - 11:00am 11:15am - 12:00pm 12:15pm - 1:00pm	Outdoor and Environmental Education (Common Entry) Outdoor Education / Geography & Outdoor Education Participate in a tour of our equipment stores, experience our climbing wall and try to tie climbing knots while learning about our exciting and unique programmes.	West Entrance Reception & campus climbing wall
11:00am - 12:00pm	Mayo Recovery College <i>Workshop Understanding Stress</i> Join us as we explore management and other strategies to reduce prolonged stress.	P105

For Guidance Counsellors/Teachers

11:00am - 11:30am	Join Dr Justin Kerr, (Head of School & Vice President ATU Mayo) for campus updates and light refreshments.	Vice President Office
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Information Stands

Time	Information Stand	Location
10:00am - 1:00pm	Early Childhood Education and Care	West Entrance
10:00am - 1:00pm	Psychology	P005
10:00am - 1:00pm	Outdoor and Environmental Education / Outdoor Education/ Geography and Outdoor Education	West Entrance
10:00am - 1:00pm	Agri-Business (Delivered on ATU Galway & ATU Mountbellew campuses)	West Entrance
10:00am - 1:00pm	Student Services & Careers Information - Counselling - Chaplaincy - Medical Service - Career paths available	West Entrance
10:00am - 1:00pm	Disability & Learning Support Office - ATU's alternative admissions options – DARE applications - Supports available to students with disabilities at ATU	West Entrance
10:00am - 1:00pm	SUSI Info & Financial Supports - Applying for a grant - Student Assistance Fund	West Entrance
10:00am - 1:00pm	Sports, Clubs & Societies - Discover exciting Sports, Clubs and Societies - Current and past achievements - Campus challenge	West Entrance
10:00am - 1:00pm	ATU Mayo Students Union (SU) - Information on student life - Accommodation - Supports & advice	West Entrance / B006
10:00am - 1:00pm	ATU Mayo Library – The Moore Library Tours	R011

SURVEY COMPETITION

ATU Mayo 'Goodie Bag' to be won – Prize draw at 12.45pm

Online Individual bookings

Book your place at www.atu.ie/openday

School / Group bookings

e-mail: StudyMayo.galwaymayo@atu.ie

Refreshments

Students are welcome to bring a packed lunch or avail of snacks, lunch and refreshments in our canteen.



Scan the QR code to download the 'Mazemap' to find your way around campus



PUBLIC TRANSPORT

For all the latest transport information, check out Transport for Ireland:
journeyplanner.transportforireland.ie



PARKING

Free and ample parking available on ATU Mayo campus for this event.



Bus Stop on old Westport Road directly outside entrance to ATU Mayo

For those with accessibility or additional requirements, who would like to avail of assistance or supports on the day, please contact StudyMayo.galwaymayo@atu.ie before Monday 11th March, 2024.

www.atu.ie/openday



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