



Ollscoil
Teicneolaíochta
an Atlantaigh

Atlantic
Technological
University

Careers

ATU Careers Transitions

ATU Careers empowers students to own their career journey by building career readiness, fostering industry links, and supporting smooth transitions.

Our provision includes key resources, workshops, and class talks across all stages of career planning. We offer a blended approach to career guidance, with campus and online services and activities. We equip students with the skills, attributes, and confidence to achieve their aspirations while meeting industry needs.

Employability Framework

Based on Dacre-Pool & Sewell (2007), the framework focuses on five elements:



Subject knowledge & skills



Work and life experience



Career development learning
(self-awareness, decision-making)



Generic skills



Emotional intelligence
(confidence, self-esteem)



Transitioning into ATU

- **College Skills and Career Planning (5 ECTS credit, L6)** A transformative journey of self-discovery and career planning. It involves identifying areas of interest and personal strengths, ATU courses and career opportunities, supports available and career portfolio
- **Strengths PATH Programme:** This programme uses an online assessment to match personal strengths with career sectors and ATU courses. Learners access interactive tools, reflective activities, and personalised reports remotely, supporting self-discovery, confidence, and career planning through four stages: understanding, discovering, reflecting, and linking strengths to courses
- **RPL Preparation Programme:** This programme guides students in preparing their RPL portfolio for entry or advanced entry to ATU programmes, covering the RPL process, reflection on career direction, and preparation of a personal statement with supporting documents. Includes Career Edge employability assessment, CV Builder, CV360, and postgraduate personal statement support
- **Drop in Before You Drop Out:** If students are unsure about their course, Careers Officers prioritise one to one guidance, deliver in person and online webinars and facilitate bespoke clinics. There is also an online programme available where students explore options with self-assessment tools, receive a Strengths Profile and Careers Report to help them reflect on their choices



Transitioning through ATU

- Careers Guidance
- Workshops/Presentations
- Profiling For Success
- Target Connect
- MyCareerPath Resource
- CV & Interview Preparation
- Interview 360
- Interview Wardrobe
- Industry-Led Webinars & Careers Fairs
- Preparation for Work Based Learning and Placement Preparation Programmes
- Career Readiness Digital Badge
- The Next Step Careers (5 ECTS L7) Module
- Transversal Skills Module (5 ECTS L8) Micro Credential
- ATU Final Year Self –Directed Student Employability Programme
- ATU Final Year Self-Directed Student Postgraduate Preparation Programme
- Online Student Professional Development Programme (OFPD)
- ATU Student Employability Award- CareerEdge+



Transitioning out of ATU

- **Webinar Wednesday** - Industry talks-enhance students' insights and employability
- **Be Career Curious** - Careers Fairs-enable students to engage directly with employers for networking, career insight and job opportunities
- **Thinking Ahead** - Options with my course, Guide to Postgraduate Study
- **Vision Board Masterclasses**
- **Interview Preparation and Practice tools including Interview 360**
- **Build Your Brand/LinkedIn Bootcamp**
- **Career and Learning Development Plan**
- **Setting SMART Goals**

ATU employability statement uses a well-established framework, setting out the ways in which we give opportunities to students to develop their employability skills so that they will become the best prepared graduates in the region.



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