



#First5weeks
Welcome Programme

Welcome to
**Atlantic Technological
University**
First 5 Weeks
Welcome Programme



Ollscoil
Teicneolaíochta
an Atlantaigh

Atlantic
Technological
University



#First5weeks

Welcome Programme

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Hello and Welcome to ATU

Ba mhaith liom fáilte mór a chur romhaibh ar fad anseo go dtí Ollscoil Teichneolaíochta an Atlantaigh ... and to say a big THANK YOU for choosing to study in Atlantic Technological University!

It is my great pleasure to welcome you to one of our nine campuses. We are one of the largest providers of third level education in Ireland, and you are now part of this success story for our future.

At ATU, students benefit from our very positive staff-student interactions and learn through small classes, hands-on practical work, mentoring, internships, and opportunities to study abroad, and this ethos remains strong even as we have joined forces across the three former institutes of technology.

As you start the new academic year with us, I want you to remember some key pieces of advice: connect with each other and engage with your academic Department and School. A significant part of our examination and assessment involves continuous assessment and you can improve your chances of good results by ensuring you maintain a high attendance rate throughout the year. Most of all, do engage with the campaigns and activities organised for you during the induction programme and throughout the year (www.atu.ie/welcome). Participate in Clubs and Societies where possible and follow your Students' Union on social media to keep up to date and stay connected.

Your third level journey can yield huge rewards for you after you graduate in a few short years from now. Work hard while you are with us, but make sure you also enjoy that journey.

Stay well, look after each other, and I hope to meet you along the way!

Dr Orla Flynn

Uachtarán/ President



First5weeks Induction Programme

Welcome to ATU, your third level journey is beginning and to help you settle in, we have created the First5weeks Welcome Programme. Our First5weeks Programme provides you with the opportunity to actively engage in college life, get to grips with your course, join a club or society, become a volunteer, and develop a personal toolkit to live a healthy balanced and enjoyable lifestyle. We want you to achieve your academic goals and we want you to enjoy your student experience.



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To support you on our Donegal campuses, you are requested to undertake a virtual induction and orientation which can be accessed via your Student Hub. **Additionally, please familiarise yourself with the dates and times of your own course programme induction (links included below).**

Welcome & Induction (10-11 September 2025)

Each Department will welcome you & give you an Induction during this week.

Visit www.atu.ie/student-life/induction/undergraduate-induction/donegal-induction for your department specific schedule or scan QR code.

Teaching will start on Monday 15 September 2025 for first year students.



First5weeks Themes and Events

www.atu.ie/donegalstudentinduction

You will receive a weekly email with more information on ongoing initiatives/ campaigns during your **#First5weeks**.

Week	Date	Event
1	15 - 19 September	GETTING THE RIGHT START: Get to know your campus, figure out your timetable, class locations and get help from IT support.
2	22 - 26 September	GET INVOLVED: Freshers week! Campus activities will take place throughout this week from Clubs & Societies Day to meeting Student Services & Student Union.
3	29 September - 3 October	HEALTH & WELLBEING: Balancing College Life and the Student Experience. By taking care of yourself, you set yourself up for greater success.
4	6 -10 October	ACADEMIC SUPPORT: Academic Writing & Communication for Learning from Communications Learning Centre (CLC), Digital Tools (Teaching & Learning Centre).
5	13 - 17 October	CHECK IN WEEK: Find out more during this week about the Student Support Services on campus, all of which are free and here to support your needs.



Student Hub

The Student Hub is an online support tool where students will find all the information you need to support you through your journey in ATU. The Student Hub is an easy to-use tool that includes:

Student Inductions & First5weeks Welcome Programme

Academic Calendar

Registration and Administration

Student Support Services

Student Counselling Service

Student Health Service

Pastoral Service

Careers Service

Sports Service

The Sports Centre

The Curve- Access & Widening Participation

The Curve-Disability Service

Health and Well Being

Academic Support

Library

Student Union

Consent Education

Sport and Recreation

Student Guidelines

Student Timetables

Printing and Copying

Computer Services

Blackboard VLE

Collaborate Ultra

Turnitin

Other Online Teaching Tools and Platforms

Student Hub



Located in the Student HUB of Website:

Step 1 ► www.atu.ie/donegalstudenthub

Step 2 ► Login with student email

First5weeks

If you feel overwhelmed at any time during your first few weeks, please don't drop out! Drop in to any of the Student Services on campus and staff will be happy to help. There is always someone to help, someone to answer your queries and someone to give you advice @ATU Donegal.

If I need help or advice, who can I contact?

More information is available in your Student Hub.



Useful Contacts

Service or Department	Phone	Email	Location
Admissions/Registration	074 91 86000	admissions.donegal@atu.ie	Reception, Main Building
Fees/ Grants	074 918 6122	Feecollection.donegal@atu.ie	
Examination Office	074 91 86124	exams.donegal@atu.ie	
SUSI Grants	0818 888 777	support@susi.ie	www.susi.ie
Student Counselling Service	074 91 86855	counselling.donegal@atu.ie	An Danlann
Careers Service	074 91 86812	careers.donegal@atu.ie	An Danlann
Pastoral Care	074 91 86830	pastoralcare.donegal@atu.ie	An Danlann
Student Health Service	074 91 86850	health.donegal@atu.ie	An Danlann
Nurse's Office Killybegs	074 91 86670	health.killybegs@atu.ie	Killbegs Campus
Sport	074 91 86811	Sport.donegal@atu.ie	An Danlann
Sport Centre	074 91 86800/ 074 91 86868	sportscentre.donegal@atu.ie	An Danlann
Student Union	074 91 86820/ 074 91 86826/ 074 91 86825	supresident.donegal@atu.ie suwelfare.donegal@atu.ie sueducation.donegal@atu.ie	An Danlann
Access & Widening Participation Office	074 91 86170/ 074 91 86171	Access.donegal@atu.ie	The Curve, Main Building
Disability Service	074 91 86172	disability.donegal@atu.ie	The Curve, Main Building
Library - Letterkenny	074 91 86150	librarymail.donegal@atu.ie	Main Building
Library - Killybegs	074 91 86660	librarymail.donegal@atu.ie	Main Building
International Office	074 91 86068	international.donegal@atu.ie	Main Building
Erasmus+ Office	074 91 86063	Erasmus.donegal@atu.ie	Main Building
Computer Services- Letterkenny Campus	074 91 86050	lthelpdesk.donegal@atu.ie	Main Building
Computer Services- Killybegs Campus	074 91 86650	Kbhelpdesk.donegal@atu.ie	Main Building
Faculty of Business Office	074 91 86207/ 074 91 86209	facultyofbusinessadmin. donegal@atu.ie	Faculty of Business Office
Faculty of Science Office	074 9186310	Science.Donegal@atu.ie	Room 2458
Faculty of Engineering Office	074 91 86410	facultyofengandtechadmin. donegal@atu.ie	Room 2223
Flexible and Online Learning Unit		Flexibleonline.donegal@atu.ie	Colab

ATU Academic Calendar

Please access your Academic Calendar and keep up to date with all that's happening in college life throughout the year: www.atu.ie/student-life/academic-calendar



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FIRST 5 WEEKS WELCOME PROGRAMME



www.atu.ie/induction



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